Student Individual Accommodation Plan (Sample)
Health & Wellness - health-wellness@qatar.cmu.edu

<table>
<thead>
<tr>
<th>Student Concerns</th>
<th>Areas To be Accommodated</th>
<th>Accommodations/Recommendations</th>
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<tbody>
<tr>
<td>• None mentioned</td>
<td>• Attention&lt;br&gt;• Concentration&lt;br&gt;• Rote memory&lt;br&gt;• Auditory sequential recall&lt;br&gt;• Immediate auditory memory&lt;br&gt;• Immediate visual memory&lt;br&gt;• Long term visual memory&lt;br&gt;• Multi-step instructions&lt;br&gt;• Decoding&lt;br&gt;• Encoding&lt;br&gt;• Spelling&lt;br&gt;• Punctuation</td>
<td>• 100% additional time on examinations&lt;br&gt;• Distraction reduced testing environment&lt;br&gt;• Additional notes or taped lecture&lt;br&gt;• Consideration for spelling and grammar where possible and appropriate&lt;br&gt;• Use of a laptop where possible and appropriate&lt;br&gt;• Present information in multiple modalities where possible and appropriate&lt;br&gt;• Reduced course load where possible and appropriate</td>
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Suggestions for Academic Development:
• Content tutoring as needed<br>• Organization<br>• Time management<br>• Assistance with self-regulation<br>• Self-talk (What do I need here? What are the steps? First step. Check steps.)
• Outlining/Mapping<br>• Pre-plan<br>• Step up benchmarks<br>• Present information in multiple modalities<br>• Extensive use of organizers<br>• Breakdown monthly organizers into weekly/daily goals<br>• Summarize information using own words<br>• Writing workshops<br>• Identifying essential from non-essential<br>• Study skills

Additional Academic Suggestions:
• Work very closely with your academic advisor on course load and content issues<br>• Consider requesting a quiet dorm<br>• Study in books<br>• Rest

Suggestions for Counseling:
• Consider a pharmacological approach for treatment of disability<br>• Consider utilizing cognitive therapy for treatment of disability<br>• Consider personal counseling<br>• Consider career counseling

Assistance for Individuals with Disabilities: Qualified individuals are entitled to reasonable accommodations under the Americans with Disabilities Act (ADA regulations). Accommodations are determined on a case-by-case basis. Health & Wellness Services serve as links between individuals with disabilities and the campus community. Information released will provide documentation of a disability for faculty, staff, and students and prospective students of Carnegie Mellon University in Qatar. All information will be considered confidential and only released to appropriate personnel on a need to know basis. To access services, individuals must initiate a request in writing for specific services/accommodations (books on tape, enlargements, interpreters, etc.). Accommodations prescribed only apply to Carnegie Mellon University in Qatar and may not be valid elsewhere. The individual takes full responsibility for ongoing assistance.

Signature ___________________________ Date _____________

Staff Signature ___________________________ Date _____________